







FALL PREVENTION FORUM

REGISTRATION OPEN NOW

Join us for an engaging event during Fall Prevention Awareness Month to learn how to avoid life-changing falls for older adults.

KEY FEATURES

- Educational speakers
- Balance-enhancing activities
 Complimentary food and demonstrations
- Health assessments
- - Various vendors

THE EVENT WILL BE STREAMED LIVE!

LIMITED SPACE AVAILABLE - FIRST COME, FIRST SERVED!

September 26, 2025

- 🗅 8:00 AM 12:00 PM
- Ventura County Fire Department HQ 2400 Conejo Spectrum Street Thousand Oaks, CA 91320

Pre-registration Required

Visit: https://vcfd.org/senior-citizen-safety/

For questions call: (805) 389-9746



